Assurances

It is understood by the representative(s) of the organization seeking certification with the Colorado Association for Recovery Residences (CARR). Beyond CARR Standards, responsibility for meeting local, state, and federal laws and codes lies with the owner/operator. The individual owner or organization seeking association with CARR assumes all liabilities for any misrepresentations.

The undersigned asserts the organization and all recovery residences owned or operated by the organization meet the following as required by each residence:

- 1. The organization requesting association with CARR is a legally recognized entity within the state of Colorado and meets all legal expectations of such entities: reporting, maintaining records, providing financial data, etc. (CARR Standard 1.A.2.a)
- 2. The organization requesting certification with CARR has a Federal Tax Identification Number, an Employee Identification Number (EIN) that is recognized by the Internal Revenue Service (IRS) of the United States Government. (CARR Standard 1.A.2.m)
- 3. The organization requesting certification with CARR has State of Colorado Incorporation Documents. (CARR Standard 1.A.2.a)
- 4. The organization requesting certification with CARR maintains policies and procedures that ensure staff are appropriately certified or credentialed for work being performed. (CARR Standard 1.D.10.d)
- 5. Any bedrooms within the residences must have appropriate egresses that meet CARR, or local residential building code. (CARR Standard 2.F.22.a.1, 2.F.22.a.2)
- 6. The organization to be certified with CARR agrees to be inspected annually by a CARR-certified inspector and agree to meet all expectations of said inspectors for all recovery residences operated by the organization. (CARR Standard 1.A.2.n)
- 7. The residences to be certified with CARR have electrical, mechanical, and structural components that are functioning and free from fire and safety hazards. (CARR Standard 2.F.17.a)
- 8. The residences to be certified with CARR meet the expectations of all legally authorized inspection agencies (elevators, automated security systems, etc.), and management can produce documentation in support of such assertions upon request when applicable. (CARR Standard 2.F.17.c)
- 9. The organization requesting certification with CARR maintains an accounting system and annual budget adequate for effective program management and meeting mandated reporting requirements. (CARR Standard 1.A.3.b)
- 10. The organization requesting certification with CARR maintains appropriate record-keeping systems for employees and residents. Including any legally required criminal background checks. (CARR Standard 1.A.3.b, 1.A.2.f)
- 11. The organization that manages the residences maintains appropriate homeowners/renters and liability insurance. (CARR Standard 1.A.2.b)
- 12. The organization requesting certification with CARR has policies and procedures that comply with applicable confidentiality laws. (CARR Standard 1.B.6.b)

ASSURANCES

- 13. The organization that manages the residences to be certified with CARR attests that the residence meets local health and safety codes appropriate to the type of occupancy. (CARR Standard 2.F.24.e)
- 14. The organization attests that claims made in marketing materials and advertising are honest and substantiated and do not contain any of the following: False or misleading statements or unfounded claims or exaggerations; testimonials that do not reflect the real opinion of the involved individual; Price claims that are misleading; Therapeutic strategies for which licensure and/or counseling certifications are required but not applicable at the site; or Misleading representations of outcomes. (CARR Standard 1.A.2)

Name of owner/managing organization:					
Typed (or printed) name of authorized representative:					
Ti+lo.	Data				
Title:	Date:				
Signature:					
Headquarters Address:					

CARR – Assurances 9.29.2022





CARR - Code of Ethics



The Code of Ethics must be signed and abided by all sober living management staff. This statement commits the signer to adhere to this code of ethics and to maintain a vital concern for the lives and well-being of all persons.

- Be dedicated to recognizing the dignity and worth of all those we serve. At all times, managers or other staff shall treat each client with respect and dignity.
- 2. Maintain an alcohol and drug-free environment.
- Maintain quality housing that is consistent with the quality of the neighborhood. Demonstrate activities that benefit the immediate neighbors.
- 4. Staff members who are alcoholic and/or chemically dependent must be clean and sober for at least six (6) months and remain abstinent and actively involved in any given program of recovery. Staff members who are not alcoholics or chemically dependent remain alcohol-free during performance hours and be free from chemical use problems.
- 5. No physical violence, threats of violence, prejudice, or bullying are ever tolerated in the home.
- 6. Staff shall never become romantically or sexually involved with a client or anyone in the recovery/sober living/program home they assist.
- 7. Staff shall never become involved with clients' financial or business affairs unless providing client budgeting skills. This covers borrowing or lending money, buying or selling property, or other financial transactions other than any program or house fee transactions.
- 8. Managers and Staff -- Respect the privacy and personal rights of all clients.
- 9. Assure that no weapons, pornography, gambling, or advertisement of drugs or alcohol are allowed on sober living premises.
- 10. No unethical drug or alcohol screening price gouging, insurance fraud, or any fraud permitted.
- 11. No brokering of clients for financial gain or "kickbacks" between any and all Recovery Providers. Shall offer resources to clients determined to best fit clients' needs. Adhere to ethical financial policies and procedures.
- 12. Adhere to the Management Health, Safety, and Staff standards set forth in CARR Standards and Ethics Codes.
- 13. Maintain all Policies and Procedures as presented.
- 14. Owners/Providers must pass a background check¹

PERSONAL STATEMENT:

If a sober living owner or manager is found to have violated any of the above code of ethics of the Colorado Agency of Recovery Residences after receiving appropriate notice and an opportunity to be heard, such violation may subject the members of the individual to review or impose penalties.

These penalties may include but are not limited to: public reprimand, suspension, or revocation of membership.

This action does not curtail any of the other rights and remedies of the parties to redress, nor shall a determination of a violation rise to the level of proof as if the matter were heard in a court of competent jurisdiction.

Recovery Residence Organization Name(s)					
Name (printed)	Title				
Signature	Date				

¹ Each background check eligibility will be reviewed based on when the offender was convicted & the severity of the offense. Please note that felony convictions less than four years from the date of application and any convictions of Sex Crime offenses will be reviewed on a case-by-case base for certification by CARR.

Level I and All Other Levels

The following documents must be uploaded to your organization's online portal, along with your application, in order to obtain CARR certification:

1. Signed Copy of Assurances (CARR Standard - 1.A.2.l)

All recovery housing operators are required to provide a signed copy of assurances.

2. Signed Copy of CARR Code of Ethics (CARR Standard - 1.A.2.i)

Demonstrating a willingness to adhere to and hold others accountable to the "Recovery Residence Rules."

3. Proof of Insurance (CARR Standard - 1.A.2.b)

> CARR requires that you submit documentation that demonstrates that you have insurance. However, it is up to the individual operator to ensure that all their properties are covered and that the insurance is appropriate for your operations.

Certified recovery residences have a written process for evaluating residents prior to move-in. This

4. Copy of Colorado Secretary of State Letter of Good Standing (CARR Standard - 1.A.2.a)

5. Resident Evaluation/Application (CARR Standard - 1.A.2.j)

p	process must reflect that the home considers the following prior to allowing a new resident to
n	move in:
	Collect Basic Resident Information (name, phone number, etc.)
	Explain the level of support available in the residence
	Consider the length of time in recovery, ability to provide peer support to other residents and
	manage own recovery plans, ability to live in a housing environment with peer support, as
	opposed to a supervised treatment environment

6. Resident Agreement (CARR Standard - 1.A.3)

(Organ	izations are required to have a resident agreement. Each resident is required to sign
á	and da	ate the resident agreement prior to officially moving into the residence. The purpose of
t	he res	sident agreement is to ensure that residents understand their obligations, financial and
(otherv	vise, as well as understand what services and supports the recovery residence will be
F	orovid	ling to the resident. The resident agreement must contain the following elements.
	Be s	igned and dated by the resident (CARR Standard - 1.A.3.a)
	Infor	mation on any deposits or advance payments (if required) (CARR Standard - 1.A.3.b)
	Infor	rmation on the amount of any weekly or monthly fees (CARR Standard - 1.A.3.b.1)
		Clearly states the amount of fees
		OR
		Clearly states how any sliding fee scale will be implemented
		OR
		Provides details on any arrangements for subsidies or scholarships and how long a resident
		can receive a grant or scholarship
	Infor	rmation on when fees are due (CARR Standard - 1.A.3.a)
		Clearly states when fees are due
		OR



			Clearly states that residents will not initially be paying fees and for how long they will be permitted not to pay fee
ı		Infor	mation about any other fees that the resident is expected to pay (examples include utility
	_		or activities fees) (CARR Standard - 1.A.3)
[mation on refunds (CARR Standard - 1.A.3.c)
			Operator does not charge resident fees OR
			Agreement clearly states that refunds will not be offered OR
			Operator describes under what circumstances resident may get a refund and how the resident is to request a refund
[Infor	mation on how the operator may end the resident agreement (CARR Standard - 1.B.5.a.8)
[mation on how the resident may end the resident agreement (CARR Standard - 1.B.5.a.9
[Infor	mation about what will happen to any residential property that is left in the home after the lent has vacated (CARR Standard - 1.B.5.a.6)
[Refe	rence to other required resident policies and procedures (recovery goals, relapse policies, testing policies, etc.) (CARR Standard - 1.B.5.a)
[_	resident agreement may not contain statements that residents must leave the recovery home
		after	a specified amount of time or that length of residency is determined arbitrarily or by a third-
		party	payer. (CARR Standard - 3.G.27.a, 1.C.7.d)
]		The	resident agreement is clearly written.
]		Writt	en criteria if discharged by the recovery residence program, the resident must be provided
		with	a referral to treatments, other support services, or provided other housing options and
		reco	mmendations for follow-up care. (CARR Standard - 3.G.27.d)
7. Prop	oer	ty O	wner Permission (CARR Standard - 1.A.2.c)
[Writt	en permission from the property owner of record to operate a recovery residence on the
		prop	erty. If the owner is the recovery residence operator, proof of ownership.
8. Cop	y c	of Ma	rketing Materials (CARR Standard - 1.A.2.e)
9. Stat	em	ent (of Resident Rights (CARR Standard - 1.B.5.a.1)
,	ir m	ito th	y of the statement of resident rights is required to be given to each resident when they move e residence and the resident must sign and date that they have received it. A common copy also be kept in a common area of each home. It be signed by the resident.
)			Policy (CARR Standard - 1.C.7.b) Dest practice that operators allow residents to handle minor concerns and complaints within
,	tŀ	ne ho	usehold. However, a resident must have an opportunity to file a formal written grievance or aint. This policy must contain the following:
]		A sta	sight entities, such as state courts, funding agencies, or your board of directors) (CARR
	_		dard - 1.C.7.b.1)
1	1	Instri	uctions on how a resident may submit a written grievance (CARR Standard - 1 C 7 b 2)



	Names and contact information for the organization's person responsible for handling grievances (CARR Standard - 1.C.7.b.3)
	A statement that at any time, the resident may contact the owner/operator about the grievance (CARR Standard - 1.C.7.b.4)
	A statement that a resident may ask for help in filing a grievance (CARR Standard - 1.C.7.b.5)
	Information on the steps that the organization will take to respond to the grievance (CARR
	Standard - 1.C.7.b.8)
11. Medi	cation Policy (CARR Standard - 2.F.16.d)
	You are required to have a medication policy. This policy should cover the following elements.
	are stored in locked locations (CARR Standard - 2.F.16.d.3)
	1.C.7.f.2.d)
12. Addr	essing Neighbor Concerns (CARR Standard - 4.J.36)
	Organizations are required to have a written policy for addressing neighbor concerns. Each
	resident should be informed of this policy when they move into the residence.
	The name and contact information of someone that neighbors can contact if they have a
	concern.
	Any additional information about how the recovery residence is a good neighbor as appropriate
	for the residence.
13. Emer	gency Policy (CARR Standard - 2.F.25)
>	You are required to have an emergency procedures policy. This policy must contain the following elements:
	What residents should do in the case of an emergency (CARR Standard - 2.F.25.b)
	What residents should do in case they need to evacuate that residence (fire, etc.), including
	where residents are to meet. (CARR Standard - 2.F.25.b)
	What residents should do in case of withdrawal, intoxication, or overdoes. (CARR Standard -
	2.F.25.b)
	Phone Numbers for whom residents should contact in case of an emergency (CARR Standard -
	2.F.25.a)
14. Comr	nunicable Disease Policy (CARR Standard - 2.F.24.b)
>	You are required to have a policy concerning communicable diseases. This policy must contain the
	following elements. The home may have a separate policy related to COVID-19 or a combined communicable disease/COVID-19 policy.
	Policy regarding exposure to bodily fluids and contagious disease.

C O L O R A D O

15. Re	side	ence Rules for Code of Conduct (CARR Standard - 2.F.16.a, 4.J.37, 1.c.7.a)
>		Organizations are required to have a list of house rules for residents. A copy must be provided to
		ne resident upon move-in, and a copy must be kept in a common area of the house. Rules should nclude, at a minimum:
		Prohibited use and possession of illicit drugs and alcohol (CARR Standard - 2.F.16.a)
		What language is inappropriate (CARR Standard - 4.J.37.a.3)
		Parking rules for the neighborhood (CARR Standard - 4.J.37.b)
		Rules concerning noise in the neighborhood (CARR Standard - 4.J.37.a.5)
		If and where smoking is allowed on the property (CARR Standard - 4.J.37.a.1)
		Other rules as determined appropriate by the house.
		List of items that are prohibited in the home.
>		louse rules must also.
		Must be supportive of recovery and allow the residents to make and enforce rules (CARR Standard - 1.c.7.a)
16. Pa	id V	Vork Agreements (CARR Standard - 1.A.2.g)
,	a c	a paid work agreement is where a resident either works for the organization or receives a discount on rent or other forms of payment for performing work for the organization. Paid work agreements apply if the resident performs work for an affiliated organization or an organization owned or operated by the same owners, employees, or family members. Recovery housing operators are also responsible for ensuring that paid work agreements comply with local, state, and federal laborates, and employment laws.
		Operator has indicated on their application that they do not hire residents to work for them OR
		A statement that the paid work agreement is entered into voluntarily (CARR Standard - 1.A.2.g.1)
		A statement that the paid work will be paid at a fair market rate and in compliance with all employment laws (CARR Standard - 1.A.2.g.7)
		A statement that the paid work will not interfere with the resident's recovery goals (CARR Standard - 1.A.2.g.5)
		A statement that the paid work will not infer special benefits on the resident other than the fair payment (CARR Standard - 1.A.2.g.9)
17. Dr	ua S	Screening (CARR Standard - 2.F.16.c)
>	R	decovery homes must have a process to ensure appropriate drug screening for residents. This creening may occur in the home or at an outside entity with a proper release of information with the recovery home.
		Policy describes when drug screening is performed (regularly, randomly, etc.) (CARR Standard -
		2.F.16.c.1)
		Policy describes how records of drug screenings will be kept (CARR Standard - 2.F.16.c.2)
		The resident will be informed of how the drug screenings are paid for and if there are any
	_	circumstances where the resident may be required to pay for the screening (CARR Standard -

☐ The resident will be informed of the results and actions to be taken from a positive drug screen or actions that will be taken if they refuse the drug screening. (CARR Standard - 2.F.16.c.4)



2.F.16.c.3)

18. Confidentiality Policy (CARR Standard - 1.B.6.a, 1.A.4.a)

- You must have a policy that describes how the house will keep resident information private and confidential. This policy must contain:
 - ☐ How the operator and all staff will keep resident records secure (CARR Standard 1.B.6.a, 1.A.4.a)
 - ☐ How the operator and all staff are expected to handle information about residents (CARR Standard 1.B.6.b, 1.A.4.a)
- ☐ How residents are expected to handle the information they learn about other residents (CARR Standard 1.B.6.b)
- ☐ Policies must apply in social media contexts (CARR Standard 1.B.6.c)

19. Nondiscrimination Policy (CARR Standard - 1.A.2.d)

☐ Statement attesting to compliance with applicable State and Federal civil rights laws and that recovery residence does not discriminate based on race, color, national origin, age, disability, religion, or sex (including sexual orientation and gender identity).

20. Mission Statement (CARR Standard - 1.A.1.a)

A written mission statement that reflects a commitment to those served and identifies the population served. At a minimum, must include "persons in recovery from a substance use disorder."

21. Vision Statement (CARR Standard - 1.A.1.b)

☐ A vision statement that is consistent with CARR's core principles.

22. Relapse Policy (CARR Standard - 1.B.5.a.5)

☐ Must have defined relapse policy

23. Discharge Policy (CARR Standard - 3.G.27.d)

☐ Written criteria if discharged by the recovery residence program, the resident must be provided with a referral to treatments, other support services, or provided other housing options and recommendations for follow-up care

24. Rodent and Bug Infestation Policy (CARR Standard - 2.F.24.d)

☐ Residence must have policies and procedures on how to deal with bug and rodent infestations.





25. Physical Environment (CARR Standard - 2.E - 2.F)

>	p s	Organizations are required to have a physical environment that promotes health and safety. The burpose of the physical environment criteria is to ensure that the residence meets the minimum tandards for life, safety, and health of residence. The residence inspection will review the following elements.
		Residence must be in good repair, clean, and well maintained (CARR Standard - 2.E.14.a)
		Residence must have suitable furnishings for that of a single family home or apartment (CARR Standard - 2.E.14.b)
		Residence must have at least approximately 50 sq. ft. per bed in each bedroom (CARR Standard - 2.F.18.a.4)
		Residence must have one sink, toilet, and shower per six clients (CARR Standard - 2.E.14.d)
		Residence must have one refrigerator per six clients (CARR Standard - 2.E.14.e)
		Residence must have a fire extinguisher on each floor (CARR Standard - 2.F.21.d.1)
		Residence must have egress window in each basement bedroom (CARR Standard - 2.F.22.a.2)
		Residence must have carbon monoxide detectors in proximity to any carbon monoxide emitting equipment (CARR Standard - 2.F.21.a)
		Residence must be free of all portable heaters and concealed power strips (CARR Standard - 2.F.20.b.5)
		Residence must have current (non expired) Narcan/Naloxone on each floor of residence and
		training on how to administer (CARR Standard - 2.F.25.d)
		Residence must have working smoke detectors throughout the house and in proximity to all
		bedrooms (CARR Standard - 2.F.21.b)
		Residence must be free of all bug and rodent infestation, and Policies & Procedures must be in
		place (CARR Standard - 2.F.24.c, 2.F.24.d)
		Residence must have designated smoking areas and disposal areas (CARR Standard - 2.F.24.a)
		Residence must have prescribed medications locked up in coordination with the Organization's medication policy (CARR Standard - 2.F.16.d.3)
		Residence must have working kitchen appliances (CARR Standard - 2.E.14.i)
		Residence must have personal item storage for each resident i.e., closet, dressers, and/or nightstands (CARR Standard - 2.E.14.f)
		Residence must have adequate food storage space for each resident (CARR Standard - 2.E.14.g)
		Residence should have working laundry services that are accessible to residents (CARR Standard - 2.E.14.h)
		Residence should be free of locked bedrooms (CARR Standard - 2.E.15.e)
		Residence must have group area/space for residents to socialize and gather for group activities (CARR Standard - 2.E.15.b)
		Residence must promote a safe and healthy environment conducive to recovery (CARR Standard - 3.G.26.a - 3.I35.)
		Residence must have first aid kits located on property - minimum Class A ANSI First Aid Kit (CARR Standard - 2.F.25.e)
		Residence handrails must terminate into newel post of some type or return to the wall (CARR Standard - 2.F.23.i)



26. Recovery Residence Program Interview (CARR Standard - 2.E - 2.F)

- The following criteria will be reviewed during your certification inspection by a CARR certified inspector:
 - ☐ Organization must promote meaningful activities (work, school, volunteer, community activities, weekly programming) (CARR Standard 3.G.26.a)
 - ☐ Organization must promote recovery activities, and have goals, and Policies & Procedures around discharge or exit plans (CARR Standard 3.1.35.a)
 - ☐ Organization should provide community resources (meetings, groups, directories) (CARR Standard 3.1.35.c, 3.G.28.b)
 - ☐ Organization should promote peer support between residents (CARR Standard 1.C.8.a)
 - ☐ Organization should maintain a respectful environment with oversight from staff or peer leadership (CARR Standard 3.H.32.a)
 - ☐ Community or residence meetings must be held regularly (CARR Standard 3.1.35.c)
 - ☐ All residents have access to common areas of the residence (CARR Standard 3.1.33.f)





Level II

27. House Leader Agreement of Job Description (CARR Standard - 1.D.12)

- All Level II homes must have a house leader with a regular presence within the home. You must have a written agreement or job description with the house leader. This agreement/description must contain:
 - ☐ Responsibilities (CARR Standard 1.D.12.a)
 - ☐ Eligibility/Criteria to be a house leader (CARR Standard 1.D.12.c)
 - ☐ Expectations related to providing peer support/ modeling recovery principles (CARR Standard 1.C.8.a)
 - ☐ Information on any required training or professional development (CARR Standard 1.D.13.a, 1.D.13.b)

Level III

28. Staff Job Descriptions (CARR Standard - 1.D.12)

- All Level III organizations are required to have job descriptions for the staff working in the house. Job. Descriptions must contain the following:
 - ☐ Position Title (CARR Standard 1.D.12.a)
 - ☐ Job duties (CARR Standard 1.D.12.a)
 - ☐ Required education or training (CARR Standard 1.D.12.a, 1.D.13.a, 1.D.13.b)
 - ☐ Required credential requirements (CARR Standard 1.D.12.a)

Level III and Level IV

29. Example of the weekly schedule of activities

- All Level III and Level IV organizations are required to have a weekly schedule of activities, including:
 - ☐ Formal recovery-oriented events and activities (CARR Standard 3.G.31.a.1)
 - ☐ Formal life skill development activities and training (CARR Standard 3.G.31.a.2)
 - ☐ House meetings that happen at least weekly (CARR Standard 3.1.33.e)
 - ☐ Clinical services (CARR Standard 3.G.31.a.3)







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OTHER REQUIRED POLICIES AND ELEMENTS PROHIBITED FROM POLICIES

Other Required Policies

CARR requires written policies or procedures that address the following topics. These policies may be addressed in a variety of areas, but CARR must verify written references to the following somewhere in the documentation.

- ☐ Written policy that states that staff may not become involved in personal financial affairs of residents including loaning money or borrowing money from residents (CARR Standard 1.A.2.h)
- □ Policy for collecting emergency contact information for residents (can be included with application) (CARR Standard 1.A.2.k)

Elements Prohibited From Policies

Certain elements are **not permitted** to be included in your organization's documentation, policies or procedures.

- ☐ Requirements or suggestions that residents waive legal rights (CARR Standard 1.B.6.d.1)
- ☐ Requirements or suggestions that residents make additional donations to the organization (CARR Standard 1.B.6.d.2)
- ☐ Requirements or suggestions that residents turn over their paychecks, benefit cards, bank accounts, or other similar items to the operator (CARR Standard 1.B.6.d.3)
- □ References to inappropriate punishments for not following house rules such as threatening eviction or immediate discharge for reasons other than placing the health and safety of other residents in the house at risk (CARR Standard 1.B.6.d.4)
- □ Policies or Practices that are not trauma-informed or indicate that the residence does not treat residents with respect or positive regard (CARR Standard 1.B.6.d.5)
- □ Policies or Practices that are in conflict with or contradictory to other policies (CARR Standard 1.B.6.d.6)
- ☐ Policies or procedures that are poorly written or are unclear (CARR Standard 1.B.6.d.7)





		RECOVERY RESIDENCE LEVELS OF SUPPORT				
	COLORADO association of recovery residences	LEVEL I Peer-Run	LEVEL II Monitored	LEVEL III Supervised	LEVEL IV Service Provider	
	ADMINISTRATION	Democratically run Manual or P& P	 House manager or senior resident Policy and Procedures 	 Organizational hierarchy Administrative oversight for service providers Policy and Procedures Licensing varies from state to state 	 Overseen organizational hierarchy Clinical and administrative supervision Policy and Procedures Licensing varies from state to state 	
STANDARDS CRITERIA	SERVICES	Drug ScreeningHouse meetingsSelf help meetings encouraged	 House rules provide structure Peer run groups Drug Screening House meetings Involvement in self help and/or treatment services 	 Life skill development emphasis Clinical services utilized in outside community Service hours provided in house 	 Clinical services and programming are provided in house Life skill development 	
STANI	RESIDENCE	Generally single family residences	 Primarily single family residences Possibly apartments or other dwelling types 	Varies – all types of residential settings	 All types – often a step down phase within care continuum of a treatment center May be a more institutional in environment 	
	STAFF	No paid positions within the residencePerhaps an overseeing officer	At least 1 compensated position	Facility manager Certified staff or case managers	Credentialed staff	